



Machu Picchu & the Sacred Valley: Peru



A Nonprofit Organization
www.globalexplorers.org

**Come Discover
Classroom Earth!**



Experience the rich cultural and natural diversity of the Andes by trekking through the Peruvian highlands. We begin by visiting the magical city of Cusco and the cultural riches of the Sacred Valley of the Incas. Along the way, we'll pass spectacular vistas and ancient Inca ruins before we finally arrive at the highlight of the trip: the ancient citadel of Machu Picchu.



Program Highlights



Visit the ancient citadel of Machu Picchu and experience the magic of the Sacred Valley of the Incas



Immerse yourself in spectacular ruins along the famous Inca Trail



Enjoy an authentic Pachamanca dinner (cooked in the ground)

Like every Global Explorers adventure, this program offers an unparalleled educational experience. Our 3-phase program immerses you in the culture, environment and history of Machu Picchu & the Sacred Valley. You won't just visit the Peruvian Highlands, you'll dive into field science and cross-cultural experiences that will change your life & empower you forever. Here's how...

Before you travel....



We want your travel experience to change your life. As part of that process, you will learn as much as possible before you depart. You'll prepare with a series of Global Explorers lessons that cover:

- Andes ecology and conservation
- Incan history, Peruvian culture and Spanish language
- Leadership skills
- Service learning
- Travel tips

While you travel....



We emphasize authentic, hands-on travel experiences. While traveling, students explore the rich cultural and natural diversity of the Andes through sights and activities including:

- Explore the heart of the ancient Inca Empire high in the Andes
- Visit the Cusco and Pisac markets and discuss Inca history
- Hike the famous Inca Trail and embrace its magic and beauty
- A meaningful service project with a local nonprofit organization
- Discuss the ongoing challenges of the conservation of Machu Picchu

After you travel....



You're not done yet! We hope you return inspired and ready to make a difference. Upon your return, we ask you to get started right away with a service leadership project. Projects might include:

- Giving back to the communities you visited
- Implementing a conservation program in your home town
- Supporting disadvantaged members of your own community

Program Essentials

- Location: **Cusco and Machu Picchu, Peru**
- Length: **10 Days**
- Price: **\$2,495**



Sample Program Itinerary

- Day 1 - Depart for Peru and land in the capital city of Lima
- Day 2 - Arrive in Cusco and explore this vibrant and historic city
- Day 3 - Visit the Inca ruins of Pisac & Ollantaytambo; camp at KM 82 of Inca Trail
- Day 4 - Begin Inca Trail trek along the Urubamba River
- Day 5 - 2nd day of Inca Trail; reach highest point of trek at over 13,000 feet!
- Day 6 - Inca Trail, Pacaymayu to Phuyupatamarca
- Day 7 - Final day on Inca Trail; pass through famous sun gate to see Machu Picchu
- Day 8 - Full day at Machu Picchu; guided tour and free time to explore
- Day 9 - Travel from Cusco to Lima; begin your journey home
- Day 10 - Return to USA



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Program Details

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Our comprehensive educational programs are designed for students and educators of all ages and abilities. Please consider the details below as you decide whether this program is the right fit for you. All programs are customizable. Contact Global Explorers for details.

Included - Price Breakdown

All travel expenses within Peru, all meals, all lodging, all ground transfers, airport departure taxes, basic level of tips for guides and other services, program t-shirts, workshop journal, basic travel insurance, textbook(s), curriculum and service project materials (for Group Sponsor), year-long support, guidance and mentoring for local Group Sponsor, on-site Global Explorers Workshop Coordinator during travel, and bilingual local guides.

Not Included

International airfare between your home city and Lima, Peru, passport fees, immunizations (and any other medications recommended by the Centers for Disease Control, your county health department, and/or your family physician) and any personal items.

Accommodations

Accommodations are dormitory style: rustic but comfortable, with access to clean bathrooms and fresh drinking water. Rooms are equipped with bunk beds, linens, and electricity. While hiking the Inca trail, you will be camping. Food is delicious and healthy local cuisine.

Recommended Age and Maturity Level

This program is specifically designed for middle and high school students. However, workshop activities can be modified for college or adult participants. Maturity level should be considered when determining whether students are appropriate candidates for this program.

Safety

We take this topic seriously and ask that all workshop participants do the same. We take an enormous amount of care in preparing our workshops to minimize safety risks, and we have created rules and regulations accordingly. It is very important that all travelers obey the rules and regulations set forth by Group Sponsors, on-site Global Explorers staff, guides and lodge managers.

Physical Fitness

All of our workshops are designed for adventurous participants! The Inca Trail involves hiking at high altitudes of more than 13,000 feet. Daily hikes can last between 6 and 10 hours. Though we slowly acclimatize to this altitude, we recommend you consider these conditions before participating. Please call us for more details and discuss any concerns with your physician.

Flexibility

We do everything we can to ensure a positive workshop experience. Because we can not control all aspects of our workshops (like when monkeys will choose to cross our path), we may need to slightly alter the workshop itinerary on site. We reserve the right to make these changes in the interest of enjoyment, education, logistics or safety. If any changes are necessary, we rely on your cooperation and flexibility to make them happen.



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