



Global Explorers
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Come Discover Classroom Earth!






Sustainable Tropics: Costa Rica

Costa Rica is home to some of the most spectacular and accessible rainforests in the world. In this program, students will learn field science techniques, delve into cultural studies and work hand-in-hand with Costa Rican students on a community service project. Along the way, they study ecotourism and learn about sustainability and fair trade issues.



Program Highlights

-  Explore rainforests, cloud forests and beaches in a country known for its incredible biodiversity
-  Search for howler monkeys, poison dart frogs, sea turtles and more!
-  Immerse yourself in the animated "Pura Vida" lifestyle that makes Costa Rican culture famous worldwide

Like every Global Explorers adventure, this program offers an unparalleled educational experience. Our 3-phase program promises to give you the most comprehensive experience available in this magnificent destination. You won't just visit Costa Rica, you'll uncover the true magic of Central America and discover how travel can change your life & empower you forever. Here's how...

Before you travel....



We want your travel experience to change your life. To help in that process, we'll help you learn as much as possible before you depart. You'll prepare with a series of lessons before travel that cover:

- Tropical ecology and conservation issues in Central America
- Costa Rican history, Tico culture and Spanish language
- Leadership skills
- Service learning
- Travel tips

While you travel....



We emphasize authentic, hands-on travel experiences. While traveling, students explore the rich cultural and natural diversity of Costa Rica through sights and activities including:

- One of the most important Olive Ridley Turtle nesting sites on Earth
- The mystical cloud forest of Monteverde
- The incredible wildlife-rich rainforests of Sarapiquí
- A meaningful service project with a local nonprofit organization
- The "Pura Vida" attitude that makes Costa Rica so unique

After you travel....



You're not done yet! We hope you return inspired and ready to make a difference. Upon your return, we ask you to get started right away with a service leadership project. Projects might include:

- Giving back in some way to the communities you visited
- Implementing a conservation program in your home town
- Supporting disadvantaged members of your own community

Program Essentials

- Location: **Costa Rica**
- Length: **10 days**
- Price: **\$1,995**



Sample Program Itinerary

- Day 1 - Travel to Costa Rica; visit National Biodiversity Institute
- Day 2 - Travel to Ostional; night time search for nesting sea turtles
- Day 3 - Explore mangrove swamps; observe sea turtles at night once again
- Day 4 - Visit nearby school; service project with local community members
- Day 5 - Travel to Monteverde; explore cloud forest via night hike
- Day 6 - Cloud forest zip-line canopy tour; explore pros and cons of ecotourism
- Day 7 - Visit Monteverde Cloud Forest Reserve; search for the elusive Quetzal
- Day 8 - Travel to tropical lowlands rainforest of Sarapiquí
- Day 9 - Rainforest river boat tour; visit pineapple plantation
- Day 10 - Travel to San Jose, return to U.S.A.



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Program Details

Sustainable Tropics: Costa Rica

Our comprehensive educational programs are designed for students and educators of all ages and abilities. Please consider the details below as you decide whether this program is the right fit for you. All programs are customizable. Contact Global Explorers for details.

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Included - Price Breakdown

All travel expenses within Costa Rica, all meals, all lodging, all ground transfers, airport departure taxes, basic level of tips for guides and other services, program t-shirts, workshop journal, basic travel insurance, textbook(s), curriculum and service project materials (for Group Sponsor), year-long support, guidance and mentoring for local Group Sponsor, on-site Global Explorers Workshop Coordinator during travel, and bilingual local guides.

Not Included

International airfare from your home city to San Jose, Costa Rica, passport fees, immunizations (and any other medications recommended by the Centers for Disease Control, your county health department, and/or your family physician) and any personal items.

Accommodations

Accommodations are dormitory style: rustic but comfortable, with access to clean bathrooms and fresh drinking water. Rooms are equipped with bunk beds, linens, and electricity. Food is delicious and healthy local cuisine.

Recommended Age and Maturity Level

This program is specifically designed for middle and high school students. However, workshop activities can be modified for college or adult participants. Maturity level should be considered when determining whether students are appropriate candidates for this program.

Safety

We take this topic seriously and ask that all workshop participants do the same. We take an enormous amount of care in preparing our workshops to minimize safety risks, and we have created rules and regulations accordingly. It is very important that all travelers obey the rules and regulations set forth by Group Sponsors, on-site Global Explorers staff, guides and lodge managers.

Physical Fitness

All of our workshops are designed for adventurous participants! We suggest participants prepare both physically and mentally for their workshops in order to get the most out of their experience. While hikes and excursions on this workshop are not strenuous, the heat and humidity may be taxing for some travelers. Please call us for more details and discuss any concerns with your physician.

Flexibility

We do everything we can to ensure a positive workshop experience. Because we can not control all aspects of our workshops (like when monkeys will choose to cross our path), we may need to slightly alter the workshop itinerary on site. We reserve the right to make these changes in the interest of enjoyment, education, logistics or safety. If any changes are necessary, we rely on your cooperation and flexibility to make them happen.



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